Trekonda

Salta · Valles Calchaquíes · Argentina

Cafayate

Traveler's guide

High-altitude vineyards and Torrontés wine at 1,683 m, with the red rock formations of the Quebrada de las Conchas just outside town and Ruta 40 into the Calchaquí Valleys.

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Nature

Cafayate sits at 1,683 m in the south of Salta's Calchaquí Valleys, a dry, sunny valley between mountains where the wide gap between day and night temperatures suits the vine; across the region vineyards range from about 1,600 to 3,100 m. To the north, Ruta 68 runs through the Quebrada de las Conchas, a nature reserve since 1995, whose reddish walls have been carved by erosion into shapes such as the Garganta del Diablo, the Anfiteatro and Los Castillos. Near town there are sand dunes, giant cardón cacti and the Río Colorado waterfalls.



Activities

- Quebrada de las Conchas: half-day trip along Ruta 68 with stops at the Garganta del Diablo, the Anfiteatro, Los Castillos, El Sapo and the Tres Cruces viewpoint, plus short walks among the rock formations
- Wineries and Torrontés: visits and tastings at wineries in and around town, many within walking or cycling distance, and the Museo de la Vid y el Vino
- Río Colorado waterfalls: guided hike from El Divisadero, about 6 km from the centre, up the river among rocks and pools; going with a guide is mandatory
- Cycling: bike rental in town to ride through the vineyards or along stretches of the Quebrada de las Conchas, and guided mountain bike descents
- Hot-air balloon flights over the vineyards, stargazing and night photography under very clear skies
- Day trips to the Ciudad Sagrada de Quilmes, an hour to the south, and along Ruta 40 to the Quebrada de las Flechas, Angastaco and Cachi

When to go

Rain is scarce and the sun shines most of the year. Autumn (March to May) and spring (September to November) bring pleasant temperatures, ideal for hiking and cycling; the grape harvest takes place at the end of summer. From December to March it is hot and storms can close Ruta 68 through floods or landslides. In winter days are mild and nights frosty. The Serenata a Cafayate festival is held in February.

How to get there

The nearest airport is Salta (SLA), about 190 km away: along Ruta 68 through the Quebrada de las Conchas it takes about 3 h 30 by car and around 4 hours by bus from Salta's terminal. From San Miguel de Tucumán (TUC) buses run via Tafí del Valle and Amaicha in about 5 to 6 hours. Cachi lies to the north on Ruta 40, partly gravel, and Quilmes is an hour to the south.

Activities in this destination

Hiking & trekking · Volcano · Rafting & hydrospeed · Boat trips, canoe & kayak · Hot springs · Zipline & tree climbing · Canyoning & rappelling · Paragliding · Horseback riding · Snow & snowshoeing · Local & indigenous culture · Nature & photography · Stargazing · Full-day excursions · Food & wine · Family & inclusive · Surfing & bodyboard · Sandboarding & dunes · Cycling & MTB · Climbing & mountaineering · Ice & glaciers · Kitesurfing & windsurfing · Diving & snorkelling · Wildlife & whale watching · City & walking tours · Birdwatching · Fly & sport fishing · Archaeology & ruins · Wine & wineries · Coffee & cocoa · 4x4 safari & overland

Experiences

No experiences published in Cafayate yet Are you a guide here? Create your free profile and be the first to appear.

Guides

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Photo gallery



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Garganta del Diablo, Quebrada de las Conchas · Jorge Adrian Castro lennox · CC0 · Wikimedia Commons

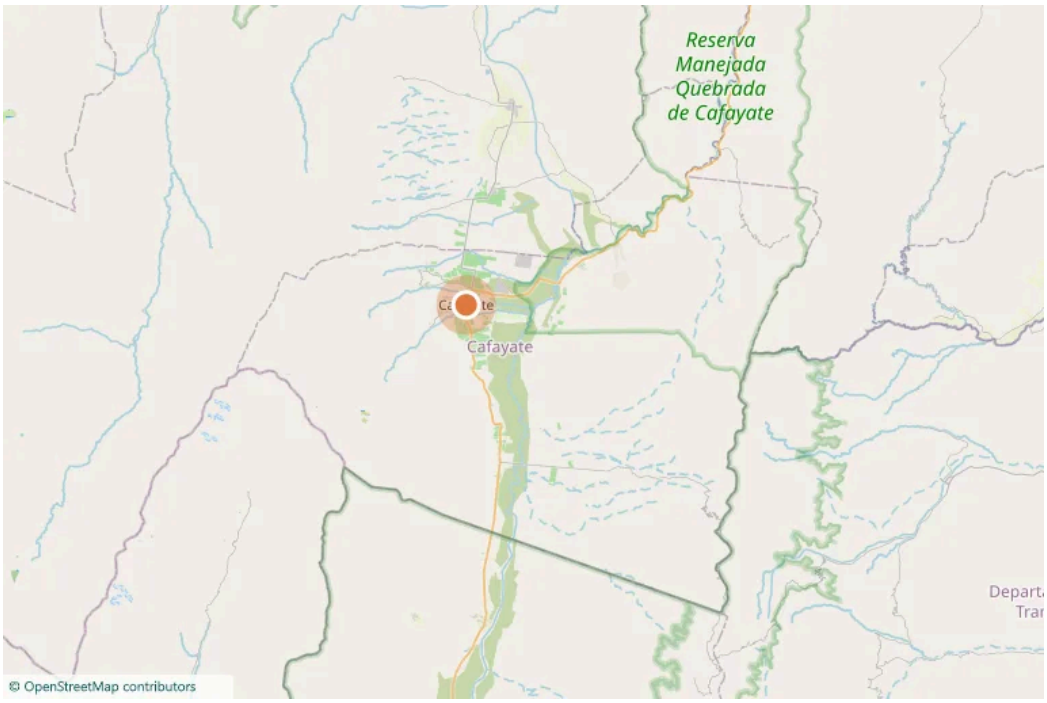


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Los Castillos, Quebrada de las Conchas · littletroll · CC BY-SA 3.0 · Wikimedia Commons

Map · Cafayate



-26.0731, -65.9761 · Directions in Google Maps

How to book with a local guide

Choose your experience → Request your date → Experience Cafayate

Send your request and the guide contacts you directly with availability and price.

https://www.trekonda.com/en/experiencias/cafayate

Contact platform: each guide provides the service.