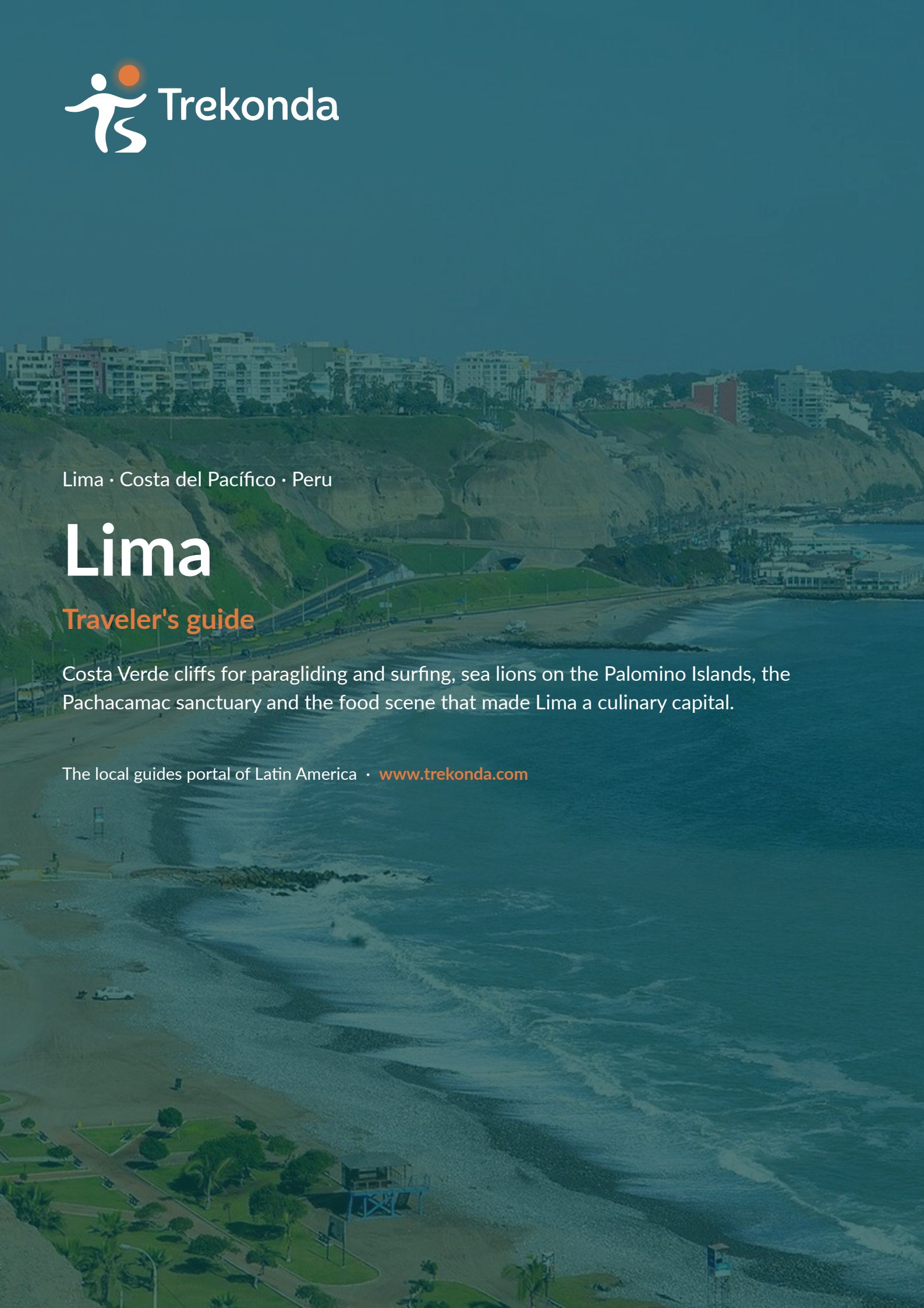
Trekonda



Lima · Costa del Pacífico · Peru

Lima

Traveler's guide

Costa Verde cliffs for paragliding and surfing, sea lions on the Palomino Islands, the Pachacamac sanctuary and the food scene that made Lima a culinary capital.

The local guides portal of Latin America · www.trekonda.com

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Nature

Lima spreads across the Pacific coastal desert, where it almost never rains and the Rímac, Chillón and Lurín rivers carve green valleys through the sand. In Miraflores, Barranco and Chorrillos the city ends at the cliffs of the Costa Verde, topped by a promenade of parks above pebble beaches. The Humboldt Current keeps the sea cold and very productive: off Callao, the Palomino Islands hold a large sea lion colony and guano birds such as guanay cormorants, Peruvian boobies and pelicans. The same sea supplies the cevicherías behind the city's culinary fame.



Activities

- Palomino Islands: boat trip from La Punta (Callao) past San Lorenzo, El Frontón and the Cavinzas islets to watch sea lions and swim with them in a wetsuit; half-day outing, subject to sea conditions
- Tandem paragliding from Raimondi Park on the Miraflores clifftop: flights of about 10 minutes along the cliffs, in the afternoon and depending on the wind; courses are also available
- Surfing at Makaha and Waikiki (Miraflores), beaches with gentle waves where the surf schools gather; experienced surfers head to La Herradura (Chorrillos) or the beaches south of the city; the water is cold all year
- Pachacamac archaeological sanctuary, about 40 km southeast of the centre in the Lurín valley: adobe temples and pyramids occupied from around AD 200 until the Incas, with a site museum
- Food: walking tours of markets, cevicherías and small family eateries in Barranco, Miraflores and the centre, and cooking classes with ceviche and pisco sour
- Bike rides or walks along the clifftop promenade, through bohemian Barranco and the historic centre, a World Heritage Site

When to go

From December to April skies are usually clear and warm, the best time for the beach and small waves. Between May and November a grey, damp sky with fine drizzle (garúa) dominates, although temperatures stay mild. Paragliding and trips to the Palomino Islands run all year but depend on the wind and sea conditions.

How to get there

Jorge Chávez International Airport (LIM), in Callao, has flights from across the Americas and Europe; Miraflores is about 17 km away, 45 minutes to over an hour depending on traffic, by official taxi or airport bus. Long-distance buses arrive from Arequipa, Cusco, Ica, Paracas and Trujillo. Boats to the Palomino Islands leave from La Punta, and Pachacamac is about an hour south along the Panamericana.

Activities in this destination

Hiking & trekking · Volcano · Rafting & hydrospeed · Boat trips, canoe & kayak · Hot springs · Zipline & tree climbing · Canyoning & rappelling · Paragliding · Horseback riding · Snow & snowshoeing · Local & indigenous culture · Nature & photography · Stargazing · Full-day excursions · Food & wine · Family & inclusive · Surfing & bodyboard · Sandboarding & dunes · Cycling & MTB · Climbing & mountaineering · Ice & glaciers · Kitesurfing & windsurfing · Diving & snorkelling · Wildlife & whale watching · City & walking tours · Birdwatching · Fly & sport fishing · Archaeology & ruins · Wine & wineries · Coffee & cocoa · 4x4 safari & overland

Experiences

No experiences published in Lima yet Are you a guide here? Create your free profile and be the first to appear.

Guides

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Photo gallery



Lobos marinos en las islas Palomino · GORE Callao · Public domain · Wikimedia Commons



Parapente sobre el malecón de Miraflores · saddlesaw2 · CC BY 2.0 · Wikimedia Commons

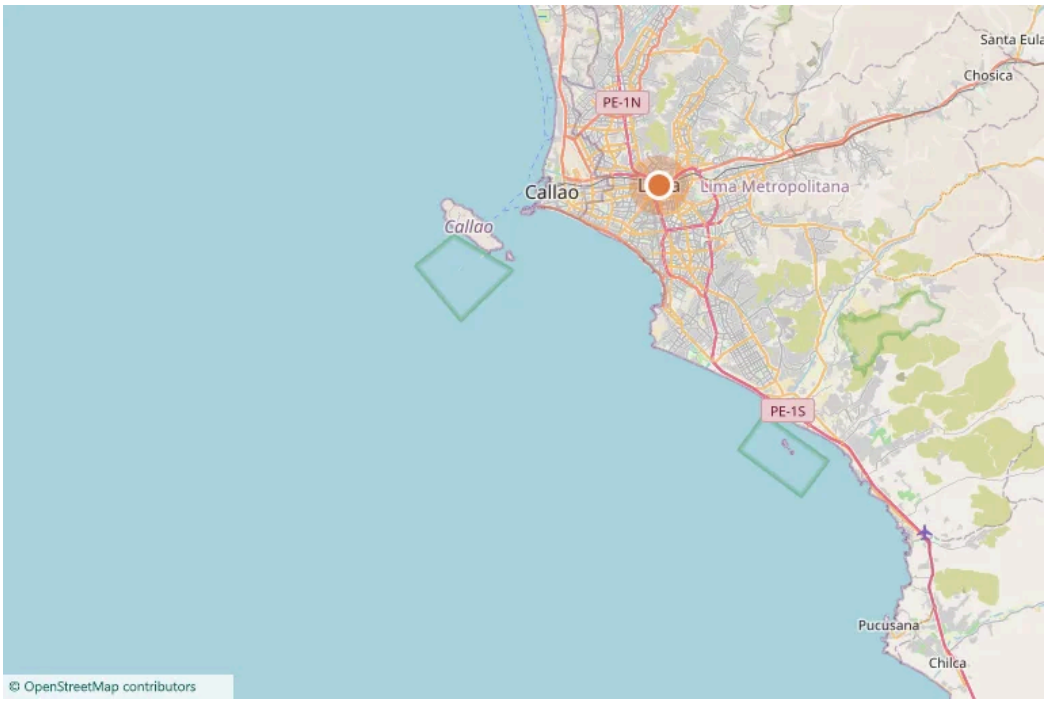


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Plaza Mayor de Lima · JulioKuLu · CC BY-SA 4.0 · Wikimedia Commons

Map · Lima



-12.0460, -77.0305 · Directions in Google Maps

How to book with a local guide

Choose your experience → Request your date → Experience Lima

Send your request and the guide contacts you directly with availability and price.

https://www.trekonda.com/en/experiencias/lima

Contact platform: each guide provides the service.